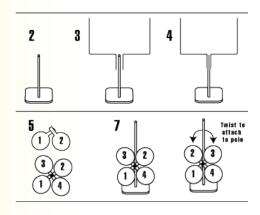
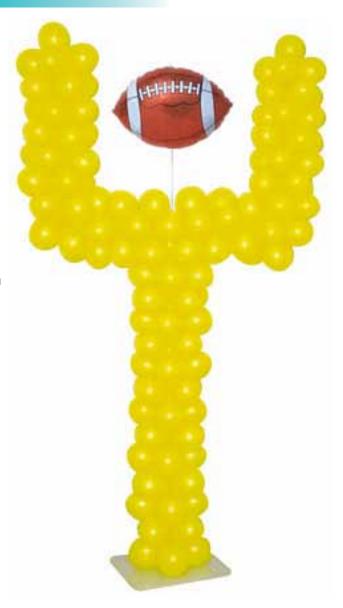


Goal Post

METHOD:

- 1. Purchase two aluminum rods (1/4" diameter x 4' long) and a 4 1/2' conduit pole (1/2" inside diameter) from your local hardware store.
- 2. Place the conduit pole on the base plate.
- 3. Bend the aluminum rods to make the goal posts as shown in picture.
- 4. Place bent rods at top of conduit pole and secure with duct tape to form the goal post.
- 5. Air inflate two 5" balloons and tie them together to make a duplet. Make another duplet and twist the two duplets together to make a cluster of four balloons. Make a total of 40 clusters.
- 6. Tie a fifth balloon into two of the four balloon clusters. These will top the arms of the goal post to cover the ends of the aluminum rods.
- 7. Start to build your goal post by attaching your clusters to the bottom of the conduit pole and working your way up. Slip the first cluster onto the pole at the bottom. Twist two balloons together to attach it to the pole.
- 8. Continue adding the balloon clusters and slightly turn each cluster so the balloons pack tightly together.
- 9. Continue adding the clusters on to the aluminum rod until you reach the top of the goal post. To cover your mechanics, twist the five balloon clusters to the top of the goal post. Creative idea: Attach a helium filled football foil balloon with fishing line to the top of the conduit pole.





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MATERIALS

QTY	ITEM	SIZE	DESCRIPTION
1	85216	21"	Football Foil Shape
2	5408	5"	Yellow Latex (162 needed)
1	Special Order		SDS Metal Plate
2		1/4"x4'	Aluminum Rods
1		4 1/2'	Conduit Pole (1/2" diameter)

